

# Glen Rock Public Schools Superintendent Book Study:

## Raising Kids to Thrive: Balancing Love With Expectations and Protection With Trust

Author: Dr. Kenneth R. Ginsburg

**Dates: December 13, 2016**

**January 11, 2017**

**February 9, 2017 and**

**March 21, 2017**

**Location: Media Center, Glen Rock HS**

**Time: 7:00 PM – 8:30 PM**

To ensure adequate seating and join the book study contact:

Dr. Paula Valenti, Superintendent

valentip@glenrocknj.org or (201) 445-7700 (x8950) for attendance

### Raising Kids to Thrive: Balancing Love with Expectations and Protection with Trust

Author: Dr. Kenneth R. Ginsburg

This book explores an innovative idea in parenting: “The Lighthouse Parenting Strategy” answering two of the toughest questions with which parents struggle: 1) How do I give my child the unconditional love he/she needs to thrive, while also holding him/her to high expectations? and 2) How do I protect my child while also letting him/her learn life’s lessons? Join the discussion to learn some of the proven concepts based upon positive youth development and resilience.

12/13: Unconditional Love versus High Expectations

1/11: Protection versus Learning from Life’s Lessons

2/9: The Voice of Youth

3/21: Rebooting: Moving Toward the Relationship You Hope to Have

Purchase the Book at:

