February 27, 2020

 $H_{
m ello,\,and}$ welcome to the Panther Post's first issue! We welcome you to join the club and spread the news about Glen Rock by sending in pictures or writing articles! If you send pictures, please make sure you have the name of everybody in the picture. In this issue you will find

a poll of Starbucks Hot Cocoa vs. **Dunkin' Donuts** Hot Cocoa, some insight on how to make a New Years' resolution. an overview of Gordan Korman visiting our school, and an entertainment page. Feel free to pitch in, give your opinion, and send in pictures! We would love to hear from you!



Image courtesy of Google.com

We hope you enjoy our first issue!

Image courtesy of Google.com



HEY YOU!

Want to contribute to the Newspaper Club? The Panther Post is accepting submissions from all students regardless of if you are member or not. If you have an opinion, photos, comics, or anything else that you'd like to submit, just share it with Ms. Gallagher (gallagherc@glenrocknj.org) or Ms. Tully (tullyk@glenrocknj.org).

February 27, 2020

Starbucks vs. Dunkin'

When it comes to
Dunkin' and Starbucks,
everything is a
competition, especially
in Glen Rock where the
two places are
practically right next to
each other in town. Now
that winter is here, it is
getting colder. When the
temperature drops, who
wouldn't want a nice
steaming cup of hot
chocolate?

Starbucks vs Dunkin Donuts

25

20

20

15

10

Starbucks Dunkin Donuts

The main question is...
who should you get it
from, Starbucks or
Dunkin'? Both hot

By Josephine Serrano chocolates taste different. Really, it just comes down to personal preference.

As an experiment, I went around Glen Rock Middle School and asked 30 kids which hot chocolate they preferred. The majority of kids preferred Starbucks, but it was a close call! On Starbucks and Dunkin' Donuts' menu, the hot chocolate was vividly described. On their online menu, Starbucks described their hot chocolate as, "Steamed milk with vanilla and chocolate flavored syrups. Topped with sweetened whipped cream and chocolate-flavored

drizzle. A timeless



classic made to sweeten your spirits" (Starbucks.com).

While Dunkin's website claims, "Cozy up with one of our creamy, craveable hot chocolates. Available in a variety of flavors sure to warm your soul" (dunkindonuts.com). Hot chocolate is there to warm your body and to delight your taste buds. Which hot cocoa will you choose? Starbucks or Dunkin'?

February 27, 2020

An Opinion on How to Maintain a Healthy New Year and New Year's Resolution

By Maggie Rundel

February and
March can be some
long and tiring
months of school, so
we want to take the
time to remind you
to check in and
reflect on your New
Year's resolutions.

For many people, resolutions for the New Year are a common tradition. Resolutions can vary from things you want to improve about yourself, to things you want to try.

What I find fascinating about resolutions is that you can make as many as you want, or as challenging as you want. There aren't many limits, but it is important to figure out what is healthy and realistic for yourself.

Setting goals too high can blind you from how much progress you've actually made. The more specific your goal is, the harder it is to meet your expectations. On the other hand, goals that are too general are easy to forget and ignore. So what is a healthy goal? That depends on the type of person. Goals are supposed to push you forward,

therefore, you should make one that will promote self-improvement and self- confidence.

Goals should motivate you and be within reach. A good tip to help you stick to your New Year's resolution is to write down your goals. Hopefully, you can use this to make good resolutions for this year and years to come. Making resolutions and sticking to them is sometimes hard, but with the right goal, a lot can be achieved.

February 27, 2020

Author Visit at Glen Rock By: Sienna Glasser

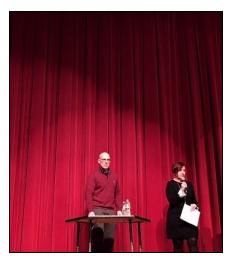
Author Gordon
Korman visited the
Middle School on
Friday, January 17th
to talk about his life,
his works, and just
about everything in

nearly 100 books, Korman began writing at age 12 and hasn't stopped since.

between. Author of

Some of his accomplishments include authoring three books for *The 39 Clues* book series, getting his books published in over 30 languages, working with fellow authors, and writing in many different genres such as comedy, drama, historical fiction, and even mystery! By mystery, I mean

murder mysteries!
His book *Notorious*presents the puzzle
of a dead dog and an
unlikely friendship.
If you're looking to
read some of his
other books, there's



Korman at the presentation and author lunch. Photos by Sienna Glasser

Swindle, The Everest
Trilogy, The
Unteachables,
Restart,
Whatshisface,
Slacker, Ungifted,
and so many more.
Schooled is another
popular book of his.

It is about a homeschooled kid in the 1960s who's suddenly thrown into the chaotic world of public school.

Gordon Korman has been writing for three-quarters of his life, and he isn't stopping now. He said he's currently working on a WWII story, so stay tuned for more!

This wonderful
experience would not
have been possible
without our Media
Center Specialist,
Mrs. Mitchell! Thank
you for organizing
this great event!

February 27, 2020

Activity Page



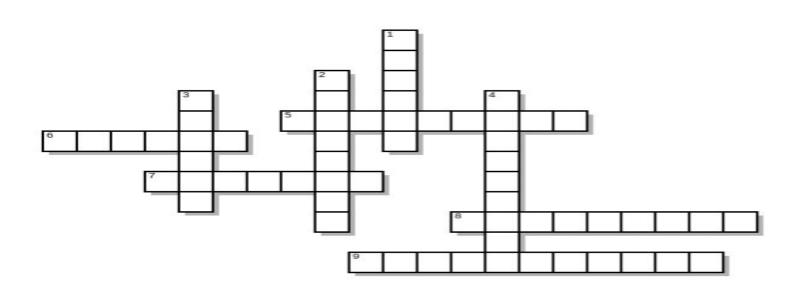
Image courtesy of Google.com

Winter Word Seach

C	Ε	D	R	Α	0	В	W	0	N	S	R	W	L
Р	Ε	Р	Р	E	R	М	I	N	T	D	S	Н	L
Н	S	I	J	N	J	T	М	W	L	T	I	I	D
0	D	Α	E	R	В	R	E	G	N	I	G	Т	R
Т	R	Е	G	G	N	0	G	G	Α	K	S	Ε	D
С	T	М	С	K	С	Α	N	D	Υ	С	Α	N	E
Н	Α	L	В	D	0	E	R	Е	T	N	I	W	Ε
0	В	L	I	Z	Z	Α	R	D	I	В	Р	L	W
C	L	K	N	J	Α	C	K	F	R	0	S	T	E
0	J	Α	С	K	E	T	D	Т	0	L	D	М	E
L	D	Н	Т	I	N	L	S	K	I	I	N	G	0
Α	Ε	Р	L	S	R	G	0	E	I	G	L	0	0
T	L	G	E	V	0	L	G	Т	S	L	W	Ε	0
Е	S	D	L	0	С	N	Α	М	W	0	N	S	Е

CANDY CANE GINGERBREAD WINTER HOT CHOCOLATE WHITE JACKET **SNOWBOARD** BLIZZARD PEPPERMINT SKIING JACK FROST SLED COLD IGL00 **EGGNOG** SNOWMAN GLOVE

Winter Crossword



ACROSS

- 5 It warms you up after a long day of playing in snow
- 6 you put these out with a glass of milk on Christmas eve night
- 7 put a magical top hat on it and it becomes Frosty
- 8 the personification of Winter
- 9 fun to make houses and people with this type of cookie

DOWN

- be sure to put this on before going outside to play in the snow
- 2 you don't wan't to get caught in one of these winter storms
- 3 descending down a mountain on two slender runners
- 4 sugary treat with white and red stripes